

COLIN'S SPEED EDITING HOTKEYS!

macOS	Result	Windows
V	Move Tool	V
A	Track Select Forward	A
Shift + A	Track Select Forward 1 Track Only	Shift + A
C	Razer Tool	C
Y	Slip Tool	Y
Move Tool + Cmd	Switch to Ripple or Rolling Tools	Move Tool + Ctrl
Up and Down Arrow keys	Navigate between edits	Up and Down Arrow keys
Up and Down Arrow keys + Shift	Navigate between edits on all tracks	Up and Down Arrow keys + Shift
Q	Ripple Trim Previous Edit to Playhead	Q
W	Ripple Trim Next Edit to Playhead	W
E	Extend Edit to Playhead	E
Move Tool + Opt	Toggle Sync Selection	Move Tool + Alt
S	Toggle Snap	S
Cmd + D	Apply Default Video Transition	Ctrl + D
Cmd + Shift + D	Apply Default Audio Transition	Ctrl + Shift + D
Shift + Click on Lock Icon	Toggle Lock on all Video or Audio tracks	Shift + Click on Lock Icon
Opt + Scroll Wheel / Trackpad	Increase Track Height	Alt + Scroll wheel
Shift + Scroll Wheel / Trackpad	Increase All Track Heights	Shift + Scroll wheel
Opt + Up and Down Arrow keys	Nudge Clip Selection Up and Down	Alt + Up and Down Arrow keys
Cmd + Left Arrow key	Nudge Clip Selection Left 1 Frame	Alt + Left Arrow key
Cmd + Right Arrow key	Nudge Clip Selection Right 1 Frame	Alt + Right Arrow key
Cmd + Shift + Left Arrow key	Nudge Clip Selection Left 5 Frames *	Alt + Shift + Left Arrow key
Cmd + Shift + Right Arrow key	Nudge Clip Selection Right 5 Frames *	Alt + Shift + Right Arrow key
Opt + Delete	Ripple Delete Selection	Alt + Backspace
D	Select Clip Below Playhead	D
X	Mark IN and Out for Clip Below Playhead	X
Cmd + Shift + X	Remove IN and OUT	Ctrl + Shift + X
'	Apply Extract Command to IN and OUT point	'

* Number of frames is 5 by default and can be changed in the Preferences.

Note: Most keyboard shortcuts only work if the cursor is not already editing text (like a title) or a number (like in changing a keyframe value).

Thanks to Clip Marketing for suggesting this tutorial!